



CANYON TRAILS

ASSISTED LIVING & MEMORY CARE





BE VIBRANT. BE YOU.

No matter where you are in life's journey, home is meant to be a place of comfort and enjoyment. Canyon Trails Assisted Living and Memory Care senior living community offers you or your loved ones a beautiful blend of privacy, safety, security and community to create a warm and familiar environment.

Our Assisted Living program is designed to help you live a vibrant life by connecting with the people and the community around you. We provide our residents with peace of mind knowing that we are available to help with tasks such as cooking, cleaning and transportation. We strive to give our residents the best care possible in an enjoyable, welcoming atmosphere.

We believe deeply in providing personalized and tailored care for each of our residents. This is especially true for our residents who are living with dementia and Alzheimer's. This is why we have created Generations Memory Care for our community.

MANAGED BY



INTEGRAL SENIOR LIVING



Living a vibrant life at any age is a life worth living. At Canyon Trails, residents take part in a special experience called Vibrant Life®. The program is an innovative approach designed to enhance and enrich our residents' lives with well-rounded and meaningful experiences.

Thoughtfully designed to connect you with family, friends and the community, our Vibrant Life® program truly inspires, challenges – even dares you to be adventurous.

With a host of optional outings, you create your own schedule based on your interests, preferences, routines and abilities. Whether it is a morning walk, a yoga class, a trip to local attractions or a dance with entertainment provided by local musicians, we make it easy to live a vibrant life.

THE SEVEN MAIN ELEMENTS TO LIVING A VIBRANT LIFE®



BE INSPIRED

Gain a deeper sense of spirituality and feed the soul!



BE CHALLENGED

Ignite competitive spirit, learn, grow and be motivated!



BE SOCIAL

Embrace friendships, celebrate the moments, talk, laugh and listen!



BE WELL

Intellectual stimulation, get moving and stay active!



BE ADVENTUROUS

Try something new every day, explore and experience the unique!



BE CONNECTED

Engage in meaningful community involvement, share experiences and expertise!



BE FAMILY

Cherish family connections, share and continue family traditions!



CANYON TRAILS IS PLEASED TO OFFER THE ELEVATE DINING EXPERIENCE

Canyon Trails is pleased to offer the Elevate dining experience, which turns meals into culinary celebrations that inspire the engagement of our residents, families and friends. Our goal is to create meaningful connections through the dining experience. A meal is deeply personal, and sharing meals connects cultures, ethnicities and people of all ages. Elevate aims to honor our residents' journeys through life by highlighting their signature recipes, to find ways to use food to give back to the community and to break the bonds of traditional culinary programs.

Our approach to transforming the dining experience, unlike any other, is to celebrate, engage and elevate resident meals to be much more than simply a placeholder three times a day. Our signature experience addresses not only residents' palates, but their desire for purpose, growth and opportunities, recognition of a lifetime of memories, and the occasions to showcase their contributions to the lives of others through their own culinary signature items.



By providing these opportunities, we strive to utilize the passion and creativity of our culinary team to craft food that not only feeds the body but also nourishes the soul.

- A restaurant-inspired dining experience
- A chef-created menu that focuses on resident and regional favorites
- "Food for Thought" meetings that promote open communication between the residents and the culinary team to enhance the community's dining experience



An example of our Anytime Menu is below, but we have many more options available at our community. Visit us to learn more about our specialized menu options!

BREAKFAST

Eggs Any Style
 Deli Omelets
 Pancakes, Waffles and French Toast
 Assorted Breads

LUNCH

Soup
 Navy Bean

Entrées
 Chinese Chicken Salad
 Cod Fish Tacos

Desserts
 Blueberry Pie
 Cheesecake

DINNER

Entrées
 Oven Fried Chicken
 Beer Battered Tilapia
 Rigatoni with Meat Sauce

Accompaniments
 Baked Beans
 Green Beans Almondine
 Baked Potato
 Oven Roasted Potatoes

ALL-DAY MENU

Rotisserie Chicken
 Beef/Turkey/Veg Burger
 All-Beef Hot Dog

Create Your Own Signature Two-Egg Omelet
 Onion • Cheese • Ham • Bacon • Mushrooms • Peppers
 Applewood Bacon
 Turkey or Pork Sausage
 Hash Browns

Build Your Own Signature Sandwich
 Ham • Turkey
 Grilled Cheese • Tuna, Egg or Chicken Salad with French Fries
 Sweet Potato Fries • Onion Rings



COST COMPARISON WORKSHEET

If you thought the cost of moving into a senior living community was out of reach, you might be surprised at how reasonable it is compared to your current expenses of just staying at home. See how reasonable Canyon Trails can be by comparing your expenses below.

EXPENSE	STAYING AT HOME	CANYON TRAILS
Mortgage / Rent / Homeowners Association Fees	\$	\$
Real Estate / Property Taxes	\$	\$ INCLUDED
Insurance	\$	\$ INCLUDED
Electricity	\$	\$ INCLUDED
Water / Sewer	\$	\$ INCLUDED
Gas / Heating	\$	\$ INCLUDED
Trash / Waste Removal Service	\$	\$ INCLUDED
Lawn Care / Landscaping / Yard Maintenance	\$	\$ INCLUDED
Interior Home Maintenance	\$	\$ INCLUDED
Exterior Home Maintenance	\$	\$ INCLUDED
Housekeeping / Laundry Service	\$	\$ INCLUDED
Pest Control	\$	\$ INCLUDED
Automobile / Fuel / Insurance / Maintenance	\$	\$ INCLUDED
Groceries, Dining Out, Gratuities	\$	\$ INCLUDED
Social / Cultural Events / Entertainment	\$	\$ INCLUDED
Security System / Fire Protection	\$	\$ INCLUDED
In-Home Caregivers / Assistance Support	\$	\$
Personal Emergency Response System	\$	\$
Transportation	\$	\$ INCLUDED
TOTAL	\$	\$



GENERATIONS MEMORY CARE

SCHEDULE OF FEES

FLOOR PLANS

FEATURES & BENEFITS

WELCOME TO CANYON TRAILS

Thank you for considering Canyon Trails as you, a family member or a loved one is ready to experience life's next chapter. Helping our residents experience life is what we do best. Canyon Trails is located in Canoga Park, California.

Operated by Integral Senior Living, our senior community has an atmosphere and personality all its own. We provide a truly unique living experience that blends the comforts of a custom-built home with the convenience of additional services tailored to meet each individual's unique needs.

At Canyon Trails, our personalized activities, services and amenities enhance quality of life and allow our residents to focus on filling each day with friends and memories. From the entire family at Canyon Trails, we'd like to be the first to say welcome home!

Sincerely,

Su
E





7945 Topanga Canyon Blvd.

Canoga Park, CA 91304

CanyonTrailsTopanga.com



CANYON TRAILS

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Sincerely,

Susan Weisbarth
Executive Director

FEATURES & BENEFITS

Canyon Trails Assisted Living and Memory Care offers beautiful apartment homes, where residents enjoy an abundance of thoughtful amenities. From an on-site salon, where you can get the pampering you deserve, to multiple common spaces available for socializing and entertaining, the entire community is your home!

- Spacious studio apartments – 90 private studio apartments with their own private bathroom and secure balcony or patio
- Scheduled local transportation – get around town safely and conveniently
- Weekly housekeeping and laundry service – we take care of the cleaning, so you can enjoy life
- Resident-centric care tailored to your specific needs – your individual experience is our No. 1 priority
- Caring, passionate staff available around the clock – peace of mind knowing that someone is always close by
- Emergency response system – we take your safety very seriously
- Lavish, resident-inspired social calendar featuring leisure, educational and social activities through our Vibrant Life program – Be Vibrant. Be You.
- Casual, restaurant-style dining for residents, staff and guests – balanced and nutritious cuisine
- Salon – no need to venture far for beauty and personal care
- Game and activity rooms – keep your mind creative and sharp!
- Large outdoor garden and courtyard – stay active and enjoy life!
- Inviting community social spaces – plenty of room to make new friends or visit with family
- Pet-friendly – all furry friends are welcome

FEATURES & BENEFITS

What makes Canyon Trails different?

LOCATION

Canyon Trails is a senior living community offering an active and engaged lifestyle to seniors with supportive care. Residents enjoy beautifully appointed apartments, a calendar full of activities and outings, an award-winning dining program, and much more.



OUR COMMUNITY

Our warm and active senior living community offers top-of-the-line accommodations and services for assisted living and memory care. Our apartments are equipped with emergency call systems, so you are never far from helping hands. Our assisted living and Generations Memory Care team members are available 24 hours a day in case you need any assistance.

PHILOSOPHY OF CARE

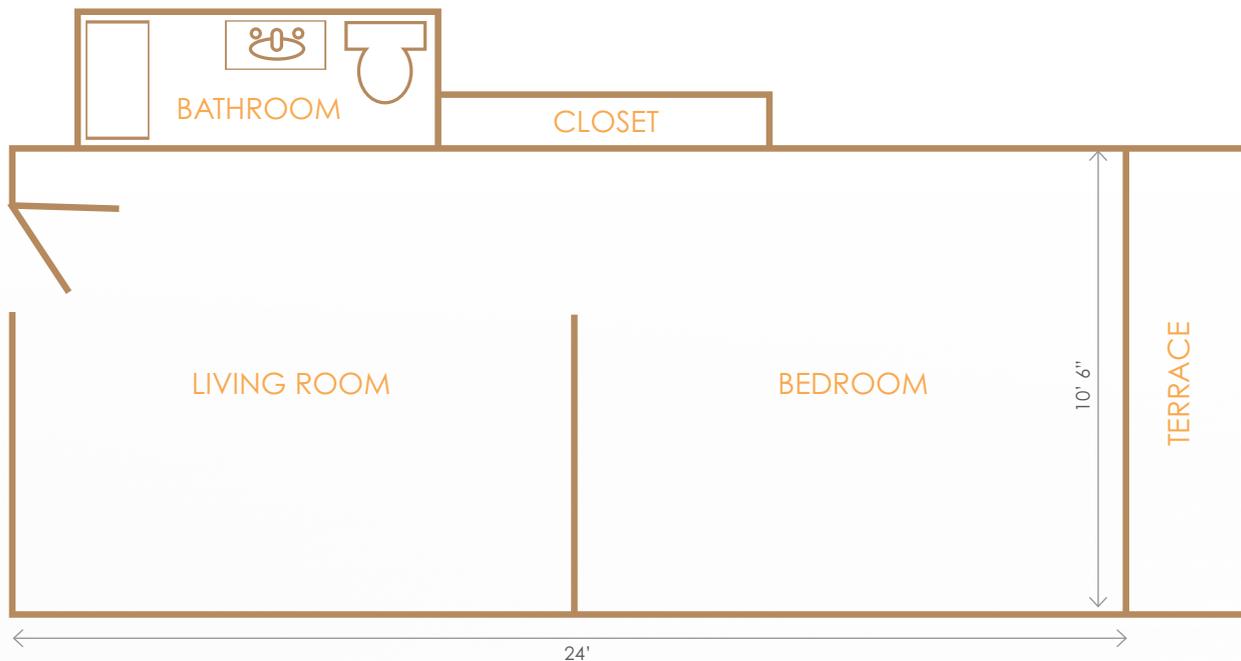
Canyon Trails was founded on a care philosophy that fosters dignity and respect for residents and promotes their independence, interests and individuality. We recognize that seniors never stop growing and learning. By promoting a life of vigor through activities and events focused on personal health and growth, our residents lead balanced and fulfilling lives.

STAFF

We are proudly represented by the best care team members in the area, who adhere to the highest quality standards through continued monthly training. Our Resident Care Director creates individualized care and medication management plans and follows through with our residents' health providers. We truly want to partner with our residents and their family members in order to provide the very best care possible.

FLOOR PLANS

Please call us to find out more about our pricing and what we have in place to further assist you in your decision to make Canyon Trails your home.



Assisted Living or Memory Care Floor Plan: 300 sq. ft.

SCHEDULE OF FEES

CANYON TRAILS ASSISTED LIVING AND MEMORY CARE RATES

ASSISTED LIVING

Private Suite Apartment Starting at \$ _____

Shared Starting at \$ _____

GENERATIONS MEMORY CARE BASIC RATES

Private Suite Apartment Starting at \$ _____

Shared Starting at \$ _____

Rates include the room rental, three meals a day plus snacks throughout the day, weekly housekeeping and laundry services, alert call system, transportation, utilities (except phone and cable), and our innovative Vibrant Life program.

Second Person Fee \$ _____

COMMUNITY FEE

Community Fee \$ _____

A one-time fee that applies to an in-depth wellness evaluation, coordination of all necessary admission paperwork, medication review and administrative fees.

PERSONAL CARE PROGRAM

All residents are provided a personal care program based on their actual needs. The community will continue to monitor residents' needs and periodically re-assess the services being provided.

DAILY RESPITE CARE

Canyon Trails offers apartments as a temporary home while family members and caregivers are away on vacation, for family emergencies, for short-term stays during a period of rehabilitation, or just to "try us out."

GENERATIONS MEMORY CARE

UNPARALLELED CARE

Generations Memory Care follows the philosophy of a person-centric culture where one is a whole person first, the person they were and still are, and not identified by their disease or behaviors. We strive to celebrate and highlight the abilities of those we serve.

CANYON TRAILS CARE PARTNERS

As a community with Generations Memory Care, we require our staff, known as care partners, to complete extensive certified training to better support residents living with memory loss. We emphasize techniques, teachable moments and meaningful engagement that lead to our care partners' making connections with each individual. Our care partners undergo extensive training in this process when hired, and are required to attend additional education sessions throughout the year.

SIGNATURE ELEMENTS THAT MAKE UP GENERATIONS MEMORY CARE

LIFE STORY DISPLAY

Honoring the
"Story of a Lifetime"

TUNE INTO ME

Creating a personalized jukebox

CULINARY CREATIONS

Preparing recipes from the past

FROM OUR GENERATION TO YOURS

Intergenerational programming

NEVER STOP EXPLORING

Connecting with the local community

IT'S ALL RIGHT

Highlighting the individuality and
creativity of each person

GENERATIONS NEIGHBORHOOD AMENITIES

At Canyon Trails Assisted Living and Memory Care, our GENERATIONS Memory Care residents enjoy an abundance of amenities available to them.

- Beauty salon
- Spacious and private living spaces
- Weekly housekeeping and daily room-tidying
- Access to secured outdoor courtyards and porches
- Weekly housekeeping and laundry services
- Music, art and pet therapy, which may assist with decreasing agitation
- Access to secured outdoor courtyards